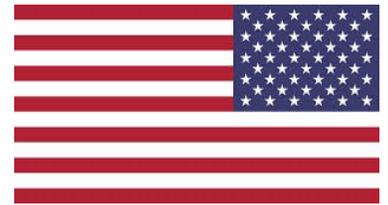




The City Gate

To Reclaim, Rebuild and Restore, Lost and Broken Lives



**It only takes
ONE WORD from
the Spirit of God
to change
someone's life!**



If you have the pleasure of talking with Buffie, you will soon find out that she is full of spunk, full of joy, and she SAYS IT LIKE SHE SEES IT! Fueled with a precious and innocent love for the Lord, Buffie shares, "I have always had God in my life since I was a wee girl." Nonetheless, when she was 33, God did something special with her.

Buffie was coming off of drugs and knew that God wanted something different for her. Visiting her sister in Las Vegas, she opened up about her struggles. Her sister took her to church and Buffie recalls her head being in a fog. While Buffie prayed and surrendered her life to Jesus, she felt like an atomic bomb went off inside her with a rush of heat flowing through her whole body. Life didn't

immediately get all better. Buffie says, "I still had to learn there are consequences to my actions."

Again Buffie found herself spiraling downward after her daughter won a major lawsuit. With more funds coming in, it made it easy to give in to the familiarity of drugs. Pregnant with daughter number three, Buffie quit again.

Buffie explains, "I was two years clean and God began peeling back layers and revealing many things to me." With her ex-husband suffering from multiple sclerosis and diabetes, Buffie moved back in with him to care for him, bringing with it, her old life and old ways. November 2nd, 2012 will forever be marked in her mind as the end of drugs for Buffie when her daughter threatened to never let her see the grandkids. Now, she couldn't be happier with where God has brought her.

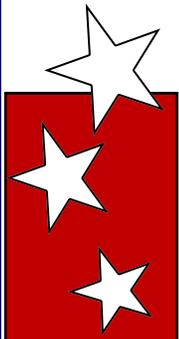
The bible says our words have the power of life and death and God had a plan to bring Life to Buffie. "I began attending NA meetings and had a very bad experience with my sponsor. I told Pastor John about the troubles I was having and he looked at me saying, 'You are under my protection now.' Buffie explains that those words had power, making her worry free ever since!"

Working for The City Gate in

the Clothing Bank, Buffie is happy that she is growing in self-confidence, humility, and the ability to share God with others. "Without Him I would be a brat and depressed, but now," Buffie says, "I dial direct!" Seeing the need for God all around her, Buffie is willing to patiently bring down walls, brick by brick. "God didn't give up on me so I am not giving up on others!"

Her unashamed Love and appreciation for what God has done for her draws you to her and her mission in life is, "to somehow plant one seed that makes people so curious about what I know, then THEY will know God and share with other people, and so on." It only takes one Word from the Spirit of God to change a life.

"When Pastor John said He would protect me, there were no stipulations, he didn't want anything from me, it was just a loving and pure statement. and THOSE WORDS CHANGED MY LIFE." A weight lifted from her and now Buffie says, "When I see God, the first thing I want to do is hear Him laugh! If we all laughed together, I envision the sound like a symphony, with God's laughter at the forefront!"



July 2014

STREET BBQ in August!
See Pg. 2 for more info.



By Andra Phelps

Donations & Volunteers!

**Saturday
August 9th
1:00-4:00
Annual**

The City Gate
Street BBQ



FUN in the sun!

ON THE MENU

- Hamburgers
- Hot Dogs
- Corn-on-the-Cob
- Baked Beans
- Potato Salad
- Chips
- Watermelon
- Home made Cookies
- Soda & Coffee

KARAOKE

Live Music

PHOTO BOOTH

Basketball

The City Gate
509.455.9670
170 S. Madison
Spokane, WA 99201

E-mail:
thecitygate@qwestoffice.net



Reclaiming, Rebuilding, & Restoring, lost and broken lives in the inner-city.

**LETTER
FROM A VOLUNTEER**

Dear Pastor John,

I just wanted to write a note expressing my sincere thanks to both you and The City Gate. As you know, I volunteered at The City Gate for over a year during the Wednesday night service, and during that time I met incredible individuals with an incredible heart for God and the people in who's image He created them. I'm honored to have had the privilege to serve beside the other volunteers to make this incredible organization possible.

God bless,

* A faithful volunteer

We LOVE & PRAY for our volunteers!



FOOD for THOUGHT

Some call it renewal, I call it SOUL SEARCHING!
A time of confession and spiritual re-awakening.
Things happen, and we ask, "WHY?"

Spiritual renewal will always plunge us into a deeper love and walk with Jesus.

James 4:7-8 tells us to, "**Submit yourselves** to God, (*acknowledge His authority in your lives*) resist the devil (*don't give into temptations when it presents itself*), and he will flee from you." James goes on to say, "Wash your hands and purify your hearts," which is the call to repentance! "Draw close to God, and He will draw close to you."

The more you know what pleases God through His Word and prayer, the less likely you are to give in to sin.

By Pastor John





Summer is here!

Time for vacations to the ocean, to the mountains, to visit relatives or other exotic locations. Or... time to have a “staycation” and rediscover our own community or do those projects that seem to be put off “until we have time”.

Unfortunately, for a variety of reasons, summer may also mean that we fail to keep up our financial support to the variety of organizations we all support. But, as we all know in our heart of hearts, the financial needs of these organizations do not go down just because summer comes.

So, I would like to make an appeal to all of our supporters, to not forget your tithe to your churches and to remember to continue your support for other organizations, which, I hope, includes The City Gate. Often our needs actually increase in the summer because of the number of homeless or itinerant folks that pass through Spokane.

Please know that your donations are **always** appreciated and used as wisely as we can for the support of our clients.

Enjoy your summer!



John Kittel, member of the Board of Trustees

To receive our newsletter by email & in color, message us at:

thecitygate@qwestoffice.net

Write your name and “EMAIL NEWSLETTER” in the subject line.

THANK YOU for helping us to be good stewards!

YOUR DONATIONS ARE NEEDED!

<u>Dairy</u>	<u>Meat</u>	<u>Misc.</u>
MILK	BEEF	OATMEAL
CHEESE	CHICKEN	ONIONS
EGGS	HAM	PASTA
	TUNA	





To Reclaim, Rebuild, and Restore Lost and Broken Lives

The City Gate

"A Gathering Place"

Matthew 11:28

170 S Madison
Spokane, WA 99201
509.455.9670
E-mail - thecitygate@qwestoffice.net

LIKE us on
facebook

See **MORE** of what your prayers, financial support, and donations are doing for the inner-city poor and homeless of Spokane.

www.thecitygatespokane.org

Please Pray For:

- MORE KITCHEN FOOD
- MORE Evening Volunteers
- Don-Angel-Jason-Elisha
- Sue-Sandy-Vickie

The City Gate staff

- John Murinko, pastor
- Shirley Murinko
co-director/office mgr.
- Bonnie Murinko
co-director/food bank
- Jim Hahn, food bank
- Michael Wattles, food bank
- Buffie Harmon, clothing bank
- Don Lanegan, dining room mgr.
- Danielle Green, kitchen
- Andra Phelps, public relations
- Wes Heimbecker, social services
- James Gulbranson, security
- Brenda Gulbranson, kitchen
- Sue Shane, coffee station
- Elisha Shelton, Alberta House Mgr.

ATTENTION!

Summer BBQ
Saturday, Aug. 9th

If you would like to
DONATE or have fun
VOLUNTEERING,
CALL NOW!
509.455.9670



HAPPY



INDEPENDENCE DAY!

Galatians 5:13

For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another.



Without the support of volunteers who give their time and energy to this ministry, The City Gate would not be the haven it is to so many people. Whether you come once a week or once a year, you have contributed to keeping this place up and running. Your donations, regardless of time, money, food, prayers or clothing, have done so much to help the people who walk through our doors everyday. As pastors and as Christians, we want to thank you for heeding the voice of the Lord and ask you to keep us in your prayers as we continue this journey. *Love, Pastor John & Shirley*