



The City Gate

To Reclaim, Rebuild, and Restore Lost and Broken Lives

JASMINE'S PRAYER

Dear Lord,

Please wrap your arms around me!

I need to know that you're really here for me and that you are going to help me overcome the obstacles that are trying to discourage and prevent me from succeeding!!!

Please keep your arms wrapped tightly around our precious baby girl!!!

Give me the strength, courage, and wisdom that I will need to overcome these obstacles. I know I can't do this without You or my support system!!!

Thank you for all you have given me and done for me.

I am truly grateful!!!

In your precious name I pray. Amen



Jasmine has a genuine prayer request and we would like to ask you to pray for her and her family. We, at The City Gate, have known Jasmine for many years and have seen the ups and downs in her life. She is a dear child of God, just as everyone else who comes through our doors. She wants to overcome her struggles and we know that prayer works!

Thank you.

November 2012



A word from the board...



God Used A Crowbar To Teach Me

I acknowledge with my German and English heritage that I can often be stubborn, although I prefer the word “determined”. Recently my 14-year old car was broken into while I was parked at my office for the day. My unwelcomed guest used a crowbar to wrench the door, and then finally just broke out the window to gain access. My guest made off with about \$3.00 in quarters, but then also took five cassette tapes (yes, I have a cassette player in my car!). These cassettes were sermons that were clearly labeled.

Skip now to two days later. I received an insurance estimate of \$1,124.00 to repair the damages to my car. I then told the insurance adjuster to skip repainting the door to lower the cost. I was really grumbling in my head about how unfair it was for me to have all this expense for \$3.00 in quarters: “God is just being mean.” It was all about me. Then it happened.

In my mind I hear this voice: “So, Rich, you profess to be a Christian counselor who is concerned about the souls of those you see. Yet when someone breaks into your car and takes cassette tapes that will bring My Word to them and draw them closer to Me, you are upset because you are personally paying the price for this to happen. Is that right?”

I felt two inches tall. In that moment I became convicted in my spirit that my eyes were on material things and not on Him. I was more concerned about things that rust and dent than on that which has eternal value. I resolved on that day to never again lock my car. On my back seat I have placed a stack of new Bibles for new believers. As those disappear I will replace them with more. If you or anyone you know would like one, please just help yourself.

But wait, this little lesson for me was not over. One week later I received a check in the mail for \$615.00. I learned that the insurance company owes the entire amount of the claim even if I elect not to have all the repairs done. Yes, this means the

repair shop actually received less than I did. Our God of love chose to bless me with dollars-that which I was so consumed with in the first place. I know to be faithful to Him regardless of my life’s circumstances, but I had clearly forgotten. Even more convicting for me was the realization that for over twenty years my license plate has been Deut 8. If you don’t know that scripture, please take a few minutes to read it. I have that license to remind me not to forget.

May you not be like me. I pray your faith will keep you strong and focused on Him. This is what the whole ministry is about at The City Gate. Many do not know Him and enter the doors looking for a meal or pair of socks, but are invited to learn about Christ in a deeply personal way. May you continue to pray for this ministry and support it with your time and blessings. At times, we who are believers are capable of forgetting that which is most important in our lives.

Rich Paulsen, member of the Board of Trustees

AUGUST STATISTICS

Food Bank:

158 people served
4,440 pounds of food given

Kitchen:

4,325 meals served
3,595 people served

Clothing Bank:

161 people served

Volunteer Hours:

618 hours

NEEDS

Men's Clothing

- Jeans (all sizes)
- Underwear (new)
- Shoes
- Winter clothes
- **Women's Clothing**
- Underwear (new)
- Bras
- Shoes
- Winter clothes

Toiletries

- Deodorant
- Razors
- Shampoo

Food Bank

- Non-perishable items

Miscellaneous

- **COFFEE** (always!)
- Grocery bags

Now that winter is here we are in desperate need of warm coats, blankets, sleeping bags, boots, socks, and gloves for both men and women.

Please, no summer clothing at this time.

Thank you for your help... we depend on it now more than ever.



ALBERTA HOUSE UPDATE

Your continual prayers are very much appreciated for people that are struggling with addictions, and have hopelessness for many different reasons, such as being able to find work, or feel like the emotional or physical pain they are in will never stop. They are also appreciated for those who have found at least a little hope, and have fought through tough times to get them selves into a better place in life.

Many people who we try to help at the Alberta House come here with nothing, yet have all these things they want changed and might think it needs to be done now. Then not knowing how to get there, or feel way too overwhelmed with everything, or a combination of both, not to mention feeling like there is no one who cares or even who they can trust. One thing to remember is that while it is excellent to have long-term goals, it is the short term goals that can help get us where we want to be, all while trying to remember it's not all going to happen overnight. Taking the first baby step and having the continued forward movement knowing it's not going to be perfect and we are going to mess up.

We are so blessed to be able to let God work through us and in us because only He can help us with the healing. Only through Christ can we find HOPE. *"Let Him have all your worries and cares, for He is always thinking about you and watching everything that concerns you."* 1 Peter 5:7



To receive our newsletter by email, write to: thecitygate@qwestoffice.net with your name and, "email newsletter" in the subject line.

Help us be good stewards of our funds.

GO GREEN



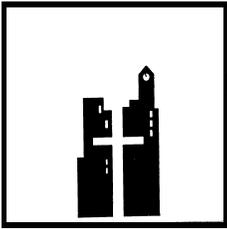
We will be serving our annual Thanksgiving dinner Wednesday evening, November 21. If you can donate or volunteer please call for details.

We are also celebrating the birth of our Lord on Christmas Eve. December 24th. This is a special time here but also requires much work. Again, if you can help in any way, please contact us.



For both events you can get daily updates for needs, times, etc on our facebook page. **Thecitygate Spokane**

There will be more details for Christmas in the December newsletter.



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The City Gate

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Website - www.thecitygatespokane.org

Facebook - Thecitygate Spokane

"A Gathering Place"

Matthew 11:28

The City Gate Staff

- John Murinko, Pastor
- Shirley Murinko, co-director/office mgr.
- Bonnie Murinko, co-director/food bank
- Jim Hahn, food bank
- Don Lanegan, dinning room mgr.
- Derek Deniston, kitchen supervisor
- Melissa Godin, kitchen
- Helen Crawford, clothing bank
- Andra Phelps, PR
- James Horton, cook
- Carrie Brown, Alberta House Mgr.

Please Pray For:

- The hearts of man to soften towards those who are less fortunate.
- Linda
- Jasmine
- Alyssa
- Zach



Please don't forget our inner-city friends who need extra warm clothing and sleeping bags for the cold winter temperatures.

Thank You!

Without the support of all the volunteers who give their time and energy to this ministry, The City Gate would not be the haven it is to so many people. Whether you come once a week or once a year, you have contributed to keeping this place up and running. Your donations, whether time, money, food, or clothing, have done much to help the people who walk through our doors everyday. As a staff and as Christians, we want to thank you for heeding the voice of the Lord and ask you to keep us in your prayers as we continue this journey.