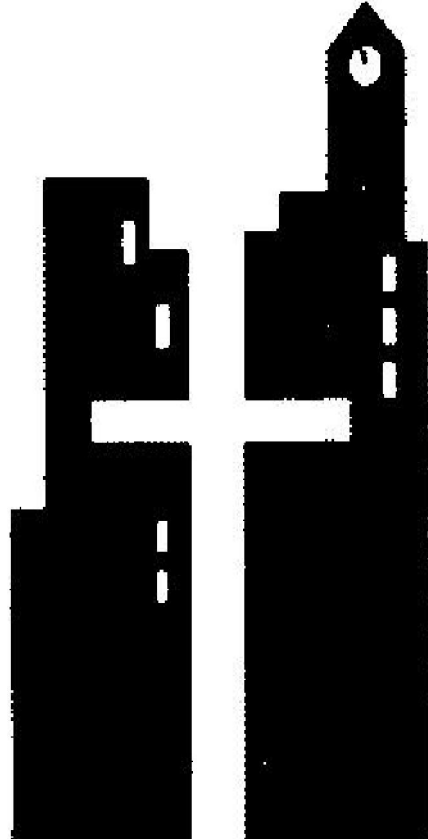


The City Gate

'A Gathering Place'



170 S. Madison St.
Spokane, WA 99201
509-455-9670

Volunteer Guidelines

Introduction

If you are interested in volunteering your time at The City Gate, please review the following guidelines. If after reading them you feel that this is where the Lord is calling you to, we ask you to fill out the volunteer application.

Basic Guidelines

These guidelines are general and cover basic areas only. We remain open to the Holy Spirit to instruct us in each and every circumstance.

Any violent situations will be handled by those in leadership and assigned volunteers. All other people are asked to pray. If there is need for medical attention, please stand away from the scene.

Please dress appropriately for serving the Lord. Keep modesty in mind as you prepare to volunteer. Tight clothing, low cut shirts, revealing tank tops, and short shorts are inappropriate for a ministry situation. If you are dressed inappropriately you will be asked to change or leave.

Please respect others during worship services just as you would in your own fellowship. We ask that there be no cleaning, smoke breaks, cell phone use, or general conversation during these times.

The City Gate is a church and holds regular services. We have come here to serve and honor Jesus Christ and must serve as examples in all we say and do.

Scripture emphasizes the importance of submitting one to another, loving one another, and putting others before yourself. If we set our hearts on these things, God will accomplish what He desires in us, as well as those we serve.

Prayer

The City Gate schedules prayer times 30 minutes prior to all evening meals and 30 minutes each morning for staff and volunteers. We believe that if someone chooses to come down to serve he or she should join in these prayer times with an open heart, a committed life, and a willing spirit. We also gather at the end of the workday and evening meals for a prayer before leaving the church. If you must leave early, please ask a staff member to pray with you before leaving.

As a ministry, we are dependant on God for all things. We adhere to the following verses as we seek to serve those around us: "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7

Commitment

In order to serve with staff and volunteers, everyone must see their role as a vital part of this ministry. Therefore, following up on the commitment you have made to The City Gate is essential. We understand that occasionally circumstances will arise that will prevent you from coming to serve. If this does happen, please call The City Gate ahead of time as a courtesy.

Attitude

The world around us is watching, waiting, hoping to see if Christ really can make a difference. You may be the only Christ that someone sees.

Counseling

No one counsels alone. Everything we do at The City Gate is a team effort.

- *God chose a people, not a person
- *God established a priesthood, not a priest
- *God's body has many members, not an individual
- *Jesus selected a team to walk and work with Him

General conversation between individuals is acceptable. If the conversation turns to a need for counsel, seek a fellow volunteer to join you. Men counsel men, women counsel women, and married couples stay together preferably.

Counseling people with struggles, difficulties or temptations that are "common to man" are handled by those who have either found victory themselves or know clearly what the Bible says about achieving it. More complicated situations are handled by authorized staff or volunteers.

The goal of every counseling situation is to assist the person in understanding God's solution to their need or problem. They need to see their dependence on God and not on man. Counsel within the guidelines of God's word and always offer prayer!

Food Preparation Requirements

Health Cards

- You must have a current health card on file at The City Gate to work in the kitchen. A health card on record at another location does not qualify a person to use the kitchen.
- Persons without health cards may load or unload supplies.
- Persons without health cards can operate dishwashing equipment. This includes kitchen cleaning.

Preparation for Meals

- No meals are to be prepared at another facility then reheated at The City Gate.
- All food served must be brought in and prepared in The City Gate kitchen.

Food Servers

Anyone handling food or working in the kitchen must have a food handler's card. We strongly recommend all volunteers to get a food handlers card. To obtain a permit, you must complete the class (either online or at the Health District) and then pass a test. The cost is \$10.00.

Location:

Spokane Regional Health District
1101 W. College Ave, room 402
Spokane, WA 99201

Online information: www.SRDH.org

Hours:

Monday-Friday 8:30-3:30

For more information, please call the Health District at 509-324-1563